

**Bravery is not the  
ABSENCE of FEAR**

**it's the DECISION  
to ACT ANYWAY**

**YOU DESERVE TO FEEL  
BETTER THAN FINE**



**darlene  
marshall**

**When someone**  
 **on your**  
**DREAM**

**turn it into**  
**FERTILIZER**

**YOU DESERVE TO FEEL**  
**BETTER THAN FINE**



**darlene**  
**marshall**



**"Above all,  
try something"**

~ FDR

**YOU DESERVE TO FEEL  
BETTER THAN FINE**



**There is  
NOWHERE  
else to**

**BE**

YOU DESERVE TO FEEL BETTER THAN FINE



**darlene  
marshall**

I



**Science**

YOU DESERVE TO FEEL BETTER THAN FINE



**GOOD**  
**BUT**  
**INTENSE**

YOU DESERVE TO FEEL BETTER THAN FINE



**TRUST**  
*Journeys*  
**THE**

**YOU DESERVE TO FEEL  
BETTER THAN FINE**



**MAKE**

**COOL**

**SH\*TT**

YOU DESERVE TO FEEL BETTER THAN FINE





**PATIENCE**

**+**

**PRACTICE**

**+**

**PERSISTANCE**

**+**

**PROBLEM  
SOLVING**

**YOU DESERVE TO FEEL  
BETTER THAN FINE**



# *Pretty Strong*

YOU DESERVE TO FEEL  
BETTER THAN FINE



*What does  
your  
**BEING**  
need?*

YOU DESERVE TO FEEL BETTER THAN FINE



**BABBY**  
**STEPS**  
**ARE STILL**  
**STEPS**

**YOU DESERVE TO FEEL  
BETTER THAN FINE**